## Tip for data extraction for meta-analysis – D9



**Estimating a hazard ratio from time-to-event data – updated May 2025** Kathy Taylor

Here I return to extracting hazard ratios (HRs), but this time it's about making estimates from timeto-event data (survival data). <u>Guyot et al</u> use image extraction software to extract the co-ordinates of Kaplan-Meier (K-M) curves, also known as survival curves. They apply an algorithm to pseudoreconstruct individual patient data, which they then re-analyse to estimate the HR. Guyot et al highlight other approaches, which use fewer data points from K-M curves including the methods of <u>Parmar et al\_and Williamson et al</u>. <u>Tierney et al\_</u>revisit these methods and make them more accessible, by providing simpler notation, step-by-step instructions, equations, worked examples from a couple of published trials, and a very useful spreadsheet that does all the calculations. Tierney et al have recently published <u>updated guidance</u>.

What does the new guidance add?

- > Some clarifications some are highlighted below in **bold**
- > Two new scenarios highlighted below in bold
- > A figure presenting the various possibilities about how data may be reported
- > Updated spreadsheet tool with enhanced features and a user guide
- > Outline of best practices when extracting data from K-M curves and derivation of equations
- Multiple tips, such as recognising hazard ratios may be reported by another name, choosing between adjusted and unadjusted hazard ratios, estimating absolute effects, considering nonproportional hazards situations and choosing the most appropriate time intervals
- Recommendation that intervals are chosen such that a change in survival proportion is seen on both arms between timepoints (to avoid division-by-zero errors).

The guidance uses the following notation:

- HR Hazard ratio
- V logrank Variance
- O Observed number of events

E Expected number of events

SE Standard error

KM Kaplan Meier

log HR Natural logarithm (see post G8) of the hazard ratio (I will use the notation InHR)

To generate a HR and V from a published report, the updated guidance explains what to do when the published report presents each of the following scenarios (with updates in bold):

- 1. O and E for the intervention and control arms
- 2. Any two of HR, O-E and logrank V (or logHR and SE)
- 3. HR (or O-E) and a confidence interval
- 4. HR (or O-E) and the events in each arm and any randomisation ratio
- 5. HR (or O-E) and the total events and randomisation ratio must be 1:1
- 6. HR (or O-E), total events and the numbers analysed in each arm and any randomisation ratio
- 7. HR (or O-E) and a p value or chi-squared statistic (new scenario)
- 8. p-value or chi-squared statistic and the events in each arm for any randomisation ratio \*
- 9. p-value or chi-squared statistic and total events and randomisation ratio must be 1:1
- 10. p-value or chi-squared statistic, total events and numbers randomised to each arm and **any** randomisation ratio
- 11. p-value or chi-squared statistic and confidence interval (a new scenario)
- 12. Kaplan-Meier curves
  - a. Reported with information about follow-up
  - b. Reported with numbers at risk

## \* Also clarifies that the p value should be divided by 2, not the z-score

The spreadsheet can be used for all of the above, although the underlying equations for 1 to 11 are straightforward. For 12a and 12b, the inputs required for the spreadsheet include extracted curve data, and to estimate the numbers censored, either the reported maximum and minimum follow-up times (if these are not reported, Tierney et al offer advice on how these data may be estimated), or the reported numbers at risk. We say that a patient is censored if they leave the study before they've experienced the event of interest.

For 12a, the survival curve needs to be divided into a number of time intervals and the times and survival proportions extracted. These intervals should be chosen to give a good representation of the event rates over time, so when the event rate is high, you need to use closer intervals, and when the event rate is low, you can space out the intervals. You should also ensure that the minimum follow-up lies at the end of an interval (I'll explain why in the next blog post). For 10b, only the survival proportions at the times of the reported numbers at risk need to be extracted.

I'm going to illustrate the use of the updated spreadsheet by working through an example based on the <u>FLOT4 trial.</u> This was a trial of two different peri-operative chemotherapy regimes –

fluorouracil plus leucovorin, oxaliplatin and docetax (FLOT group) and epirubicin, cisplatin, fluorouracil or capecitabine (ECF/ECX comparator group) in patients with gastric or gastrooesophageal cancer.



The reported HR for overall survival is 0.77 (95% CI 0.63 to 0.94) and here are the K-M curves.:

Source: Al-Batran et al. Lancet. 2019 May 11; 393(10184):1948-1957. Epub 2019 Apr 11

Here are the extracted data (which I extracted using the software that I demonstrated in my <u>video</u> <u>post</u>) tabulated with the reported numbers of patients at risk:

Time at start of interval	Survival (e	event-free) %	Reported numbers at risk		
(months)	FLOT	ECF/ECX	FLOT	ECF/ECX	
0	100	100	356	360	
2	99	99			
4	98	97			
6	93	91			
8	91	90			
10	87	83			
12	84	80	297	287	
14	80	75			
16	78	73			
18	76	69			
21	72	63			
24	69	58	231	202	
27	65	55			
30	61	54			
33	60	51			
36	57	49	140	126	
39	55	47			
42	54	46			
45	53	45			
48	50	44	87	83	

## Table. Data for the FLOT4 trial

54	49	40		
60	45	36	39	33
66	43	35		
72	43	32	5	9

The 1<sup>st</sup> worksheet of the spreadsheet calculator (Figure 1) provides background information about the spreadsheet, including guidance on citing the calculator, and it also lists the other worksheets.

MRC Clinical Trials Unit	Practical methods for incorporating summary time-to-event data into meta-analysis CALCULATIONS SPREADSHEET Version 7.0 12th July 2024			UCL	
If you make use of this spreadsheet in your research, please cite: Practical methods for incorporating summary time-to-event data into meta-analysis: updated guidance. Tierney JF et al. Systematic Reviews 2024 (submitted) Practical methods for incorporating summary time-to-event outcomes into meta-analysis. Tierney JF et al. Trials 2007		Current version of the spreadsheet developed by			Print page
Description:		Spr	eadsheet conten	its:	
This spreadsheet calculates hazard ratios (HRs) and a using data extracted from trial (or study) reports, implem described in the references above.		(0)	Trial Details	Allows user to enter their details, the trial (or study the date of data entry, and any comments.	) name and reference,
The user should input all reported summary statistics in worksheet, and the spreadsheet will estimate the HR, S O-E and V by all possible methods.		(1) (2a)	Summary Data Curve Data	Allows user to enter reported summary statistics Allows user to enter event-free probabilities extrac at selected time points and minimum and maxim	
The user can also input data extracted from Kaplan-Mei censoring using the minimum and maximum follow-up at risk, to obtain similar summary statistics. Graphical I input data are produced for comparison with the publish	or the reported numbers epresentations of the		Curve Copy Curve Data with n(risk)	Provides a graphical representation of the KM curv Allows user to enter event-free probabilities extrac at selected time points and related numbers at	cted from KM curves
Results from all methods are provided in a single output to facilitate comparison.	t information sheet	(3b)	Curve Copy	Provides a graphical representation of the KM curv based on related numbers at risk	e data entered
		(4)	Output Information	Displays the estimated HRs and associated statistic possible methods	cs based on all

Figure 1. Introducing the spreadsheet

The 2<sup>nd</sup> spreadsheet (Figure 2) includes boxes to enter some basic data that are used for labelling subsequent spreadsheets, and it also provides licensing information.

Trial (or Study) Details	
Trial (or Study) nam FLOT4 Data sou (e.g. refer Data entered by: Kathy Taylor	rce: From reference , extracted using Webplotdigitizer rence
Date: 28/05/2025 Commen Clear this data Clear all data Print page	nts: [for example, derivation of min/max follow-up for Curve]
General instructions:	References:
<ul> <li>The trial (or study) name/ID entered on this sheet will appear on other sheets</li> <li>If relevant, we recommend including methods for estimating min/max follow-up in the "Comments" box, for future reference</li> <li>(N.B. If pasting multiple lines into the "Data source" or "Comments" boxes, you may need to paste into the Excel Formula Bar.)</li> <li>Enter information extracted from the trial (or study) report in the shaded boxes on sheet (2a)</li> <li>Enter data extracted from a KM curve in worksheet (2a), or worksheet (3a), if numbers at risk are available</li> </ul>	<ul> <li>This spreadsheet is disseminated alongside the following reference: Tierney JF, Burdett S, Fisher DJ. Practical methods for incorporating summary time-to-event data into meta-analysis: updated guidance. <i>Systematic Reviews</i> 2024 (Submitted)</li> <li>Estimations of hazard ratios and related statistics are based on the methods described in: Parmar MK, Torri V &amp; Stewart. Extracting summary statistics to perform meta-analyses of the published literature for survival endpoints. <i>Statistics in Aledicine</i> 1998; 17: 2015-34</li> </ul>
<ul> <li>All possible estimates of the HR and related statistics are shown on worksheet (4)</li> <li>Use Tab to move between white boxes</li> <li>Enabling macros will allow easy clearing of data, and printing.</li> </ul>	Tierney JF, Stewart LA, Ghersi D, Burdett S, Sydes MR. Practical methods for incorporating summary time-to-event data into meta-analysis. <i>Trials</i> : 2007; 8: 16
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The 3<sup>rd</sup> spreadsheet is the summary input data screen (Figure 3). This shows the time-to-event data that was reported for the FLOT4 trial.



Figure 3. Summary input screen

The 4<sup>th</sup> worksheet (Figure 4) shows the extracted curve and followup data. The followup data was not reported and I estimated the minimum follow-up to be 15 months and the maximum follow-up to be 80 months. Note that using the data-extraction software produces numbers to many decimal places, but here I use integer times. I also entered the survival curves as integers so that the calculated numbers in my worked examples in the next two posts match exactly the calculated numbers in the spreadsheet.

The figure in the right-hand corner gives the estimated HR as 0.78 (the reported HR is 0.77). The accuracy of the calculated HR is pretty good but it could be improved by making the intervals smaller and extracting more data points.





Figure 5. Plotted data corresponding with data shown in Figure 3

The 6<sup>th</sup> worksheet (Figure 6) includes the numbers at risk and corresponding survival fractions.



For this case, the calculated HR, shown in the upper right hand corner, is 0.79, which with the plotted curve (Figure 7) indicates the lower accuracy with less data.



Figure 7. Plotted data corresponding with screen shot shown in Figure 4

The output screen (Figure 8) provides the estimated HRs with their confidence intervals. The estimated HR using the survival curve and follow-up data is 0.78 (0.64 to 0.96) – shown in column 12 – and the estimated HR using the survival curve and the numbers at risk is 0.79 (0.65 to 0.97) – shown in column 13. Both these estimates are very close to the actual HR of 0.77 (0.63 to 0.94).





In my next two blog posts, I'm going to look more closely at the equations underlying these spreadsheet calculations. I will first deal with the case of estimating a HR from K-M curves reported with follow-up information and in the next post I will look at the case of estimating the HR with reported numbers at risk.



Dr Kathy Taylor teaches data extraction in <u>Meta-analysis</u>. This is a short course that is also available as part of our <u>MSc in Evidence-Based Health Care</u>, <u>MSc in EBHC Medical Statistics</u>, and <u>MSc in EBHC Systematic Reviews</u>.